A SYSTEMATIC CARD for the METHOD of PRAYER-ADP-VV (Compiled by the Little Friars and Nuns of Jesus and Mary)

(G11-Sr. V. M. D.)

"The Wedding of Cana"...

FROM THE GOSPEL ACCORDING TO - JOHN -:

"When the wine ran short, the mother of Jesus said to him, 'They have no wine.' [And] Jesus said to her: Woman, how does your concern affect me? My hour has not yet come.' His mother said to the servers, 'Do whatever he tells you.'" (John 2:3-5)¹

MEDITATION ON THE MYSTERY:

Jesus, at Mary's request, changed the 6 jars of water into 6 jars of wine, a figure of the spirit that is not of the *vine* but divine: so that we may espouse, well and with joy, the right ideal of life. (cf. *SLC*, p. 206G)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to being inebriated with the spirit that is not of the vine but divine, the Omnibus of Franciscan Sources says: "[Francis] was particularly strict when it was a question of having anything to drink; he refused to let his fallen nature enjoy the use of wine, so that his spirit might be occupied with the light of wisdom."

(BONAVENTURE, *Minor Life. English Omnibus of the Sources for the Life of St. Francis*, I, edited by M. A. Habig, St. Anthony Messenger Press, Cincinnati (OH) 2008, p. 805)

¹NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

1 Our Father ...

5 Hail Mary ... 1 Glory be to the Father ... (Sung)

- Praised be,,,

- O my Jesus, forgive us...

- Mary, Queen of Peace

- Then, a quick song relevant to the mystery / or one sings : "Aveeeee, Aveeeee, Ave Maria"

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...